

Donald's Story

My name is Donald Woodard. I came to the St. Vincent DePaul Center in February of 2005. I moved to my own housing in January of 2007 and was married. I came to DePaul Center from Nova House, a drug treatment center. My first wife died in February of 2004 and my life just tumbled after her death. It put my whole life into a spiral. I heard about the DePaul Center from another client of the Center while I was in treatment at Nova House. It was wonderful decision for me to enter the DePaul Center.

At the DePaul Center I began to find myself and realize that I did not have to hide behind drugs to deal with my problems. I began to learn to love myself. I could say to myself that I deserved nothing less than the best. I found God in my life and come to understand that God was the main source of my success. God empowered me to do what I could not do for myself. The DePaul Center allowed me to practice interdependence. It taught me life skills and allowed me to grow as I was and who I was. In other words the DePaul Center allowed me to be myself. I was able to reshape my thought patterns. I achieved and maintained goals. By listening to me the staff at DePaul Center it helped me to take suggestions. Today I am the happy father of a two month old boy. I thank you as I continue on my successful journey.